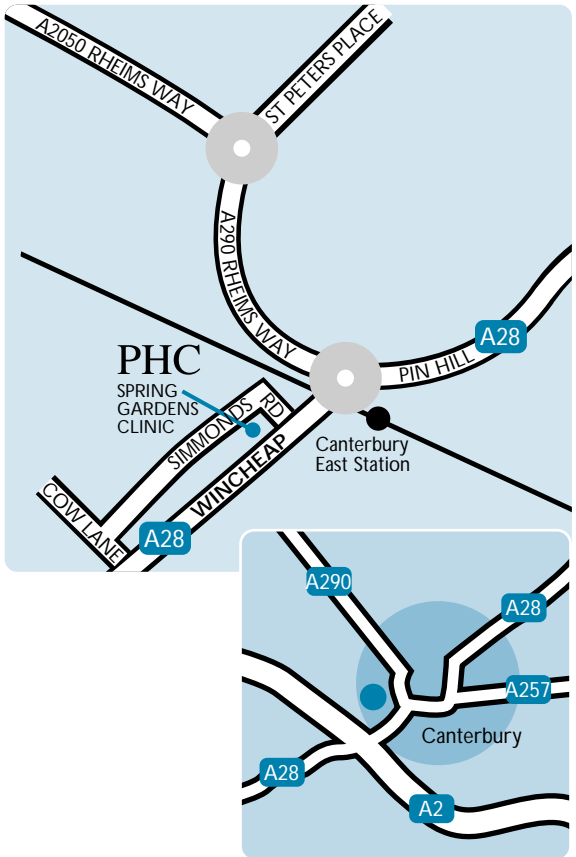


# PHC

OCCUPATIONAL HEALTH

Spring Gardens Clinic  
Simmonds Road, Canterbury, Kent CT1 3RD  
visit us at [www.phcohealth.com](http://www.phcohealth.com)



## By British Rail

The Spring Gardens Clinic is within walking distance of Canterbury East and Canterbury West stations. From Canterbury East, follow Station Road to the roundabout at Wincheap Green, then take Wincheap (A28) (towards Ashford). Simmons Road is on the right. From Canterbury West follow Dunstons Street towards the city centre, then take St Peters Place, which becomes Rheims Way, follow to the roundabout at Wincheap Green and then take Wincheap (A28) towards Ashford, Simmons Road is on the right.

## By Bus

Wincheap is on the park and ride scheme with parking by the A2. All other bus routes use the ring road and stop by Wincheap Green roundabout.

## Travel By Car

Access Simmons Road from Wincheap (A28) Ashford Road, Spring Gardens Clinic is at the Canterbury end of Simmons Road.